



This Evenings Dining At The Bay

Served Monday to Saturday from 5pm until 8pm

The Introduction

Sauté Woodland Mushrooms, Garlic and Parsley, Poached free Range Egg, Toasted Sourdough £9.00

Ham Hock and Confit Duck Bon Bon, Pickled Peppers, Pineapple, Chilli and Apricot Salsa £8.50

Swansea Bay Smoked Haddock Fritter, Pickled Cucumber, Tomato and Caper Hollandaise £8.75

Today's choice of Soup, with Warm Bara £7.00

Seared Cornish Scallops, Bacon Jam, Apple Compote, Brioche £11.00

Fresh Gower Bay Moules Mariniere £10.00

Chicken Liver and Cognac Pate, Caramelised Onions, Burnt Apple Puree, Pickled Red Onion,

Toasted Cumin and Onion Seed Bread £7.50

The Main Event

Roast West Coast Hake Loin, Peas a la Francaise, Tapenade, Parma Ham Shards £16.00

Pan Roast Gressingham Duck Breast, Potato and Parmesan Terrine, Pear, Parsnip, Leg Pastel £19.00

A plate of Dewi James Pig- Slow Belly, Seared Fillet, Crispy Cheek, Butter Beans,

Beetroot, Orange and Welsh Cider £17.00

Gower Cod Masala - Seafood Katsu Curry, Braised Rice, Pak Choi, Naan Crumbs, Onion Raita £18.00

Slow Pulled Dewi James Ox Cheek, Pommes Fondant, Vanilla Carrot, Woodland Mushrooms £17.00

Truffle Arborio, Pickled Fried Onions, Roasted Peppers, Woodland Mushrooms, Parmesan £14.00

Baked Ballotine of Loch Fyne Salmon, Chorizo and Bean Cassoulet,

Cockles, Mussels and Laverbread £18.00

On The Side

Skin on Fries £4.50

Buttered New Potatoes £4.50

Green Salad £4.50

Peas a la Francaise £4.50

Beetroot Vinaigrette £4.00

Steamed Green Vegetables £5.00

Pommes Puree £4.00

Dressed Side Salad £4.50

The Ending

Baked Pear, Chocolate Sauce, Chantilly Crem, Honeycomb £7.50

Sticky Toffee Pudding, Toffee Sauce, Vanilla Ice Cream £7.50

Turkish Delight Crème Brulee, Chocolate Ganache, Shortboard Biscuit £7.50

Chocolate Brownie, Strawberry Syrup, Chocolate Sauce, Chocolate Ice Cream £7.50

Apple Crumble, Custard, Apple and Calvados Sorbet £7.50

Cheese Board - Selection of Welsh Cheeses, homemade Chutney and Crackers £10.00

Why not add a glass of Port! Please ask a member of the team for our menu

Please note our skilled chefs are cooking your food from scratch, and they don't know what you would like until you have ordered your meal. Please be patient, especially during busy times, as we are fresh food, not fast food