



Breakfast At The Bay

Served daily from 8am until 10am

Choose one from the following:

Continental

Toast and Welsh Jams and Marmalade
Croissant or Pain au Chocolate
Selection of Cereal

Porridge

with Blueberries or Welsh Honey

Full Welsh Breakfast

Dewi James Cured Bacon, Sausage, Grilled Tomato, Field Mushroom,
Baked Beans and Eggs Your Way

Full Welsh Vegetarian Breakfast

with Glamorgan Sausages, Grilled Tomato, Field Mushroom,
Baked Beans and Eggs Your Way

Eggs Your Way

on Toast with Avocado and Swansea Smoked Salmon

Benedict

with Bacon and Hollandaise Sauce

Snowdonia

with Swansea Smoked Salmon and Hollandaise Sauce

Fresh Kippers

with Poached Eggs

All served with a glass of Fresh Fruit Juice, a choice of Teas or Freshly Ground
Coffee

Non-Residents Breakfast £15.95 per person